



Lunch Menu

Food for Thought

Elul 5784 – Tishrei 5785

October 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	1 Deli Sandwiches Belgian Potatoes Salad Pineapple	2 EREV ROSH HASHANA NO SESSIONS	3 ROSH HASHANA NO SESSIONS	4 ROSH HASHANA NO SESSIONS
7 Cheese / Potato Blintzes Hard Boiled Eggs Salad Peaches	8 Teriyaki Chicken Rice Mixed Vegetables Pineapple	9 Pizza Bagels Cottage Cheese Green Salad Pears	10 Sloppy Joes Tacos/Pasta Green Beans Mixed Fruit	11 EREV YOM KIPPUR NO SESSIONS
14 Baked Ziti Cottage Cheese Salad Peaches	15 Honey Mustard Chicken NEW Rice Green Beans Pineapple	16 EREV SUKKOT NO SESSIONS	17 SUKKOT DAY 1 NO SESSIONS	18 SUKKOT DAY 2 NO SESSIONS
21 SUKKOT NO SESSIONS	22 SUKKOT NO SESSIONS	23 HOSHANA RABBA NO SESSIONS	24 SHMINI ATZERET NO SESSIONS	SIMCHAT TORAH NO SESSIONS
28 Bagels & Cream Cheese Hard Boiled Eggs Baby Carrots Peaches	29 Chicken Nuggets Rotelle Mixed Vegetable Pineapple	30 Penne Alla Vodka Cottage Cheese Green Salad Pears	31 Shwarma Rice Bowl: Shwarma Meat Rice Israeli Salad Chickpeas Mixed Fruit	1 Waffles Yogurt Cucumber Sticks Apple Sauce Chocolate Milk ROSH CHODESH

Available

Daily

- *Plain Pasta
- *Jelly Sandwiches
- *Hard Boiled Eggs

1% & SKIM MILK SERVED ON MONDAY / WEDNESDAY / FRIDAY

100% FRUIT JUICE SERVED ON TUESDAY / THURSDAY