



Lunch Menu

Nissan / Iyar 5784

May 2024

Food for Thought

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 ISRU CHAG NO SESSIONS	2 Hot Dogs Baked Beans Corn Salad Pears	3 Cheese Bar Hard Boiled Eggs Challah Rolls Carrot and Celery Sticks Apple Sauce
6 Baked Ziti Plain Pasta Salad Pineapple	7 Shwarma Rice Bowl: Shwarma Kebabs Rice Toppings Pears	8 Bagels & Cream Cheese Tuna and Egg Salad Tomato Soup Sliced Vegetables Peaches	9 Breaded Chicken Yellow Rice Cucumber Salad Mixed Fruit	10 Pizza Carrot and Celery Sticks Apple Sauce
13 Penne Alla Vodka Plain Pasta Salad Pears	14 Sweet & Sour Meatballs Spaghetti Salad Pineapple	15 Falafel Pita Israeli Salad Mixed Fruit	16 BBQ Chicken Israeli Couscous Coleslaw Peaches	17 Pancakes Carrot and Celery Sticks Apple Sauce
20 Baked Macaroni & Cheese Plain Pasta Salad Pineapple	21 Hero Sandwiches Spicy Fries Pickles Pears	22 Pizza Garden Salad Mushroom Barley Soup Peaches	23 Meat Bolognaise Spaghetti Italian Salad Mixed Fruit	24 French Toast Carrot and Celery Sticks Apple Sauce
27 MEMORIAL DAY NO SESSIONS	28 Chicken Poppers/ Sauce Fries Salad Peaches	29 Poke Bowls: Fish Nuggets Rice Toppings Pineapple	30 Franks & Blanks Belgian Potatoes Cucumber Salad Pears	31 Waffles & Yogurt Bar Toppings Carrot and Celery Sticks Apple Sauce

Available

On Mon/Wed:

- *Plain Pasta
- *Cream Cheese sandwiches
- *Yogurt OR cottage cheese

On Tues/Thurs:

- *Plain Pasta
- *Jelly Sandwiches
- *Hard boiled eggs