



# Lunch Menu

Shevat / Adar I 5784

February 2024

*Food for Thought*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Breaded Chicken Rice Pilav Corn Salad Pineapple	2 French Toast Carrot and Celery Sticks Apple Sauce
5 Penne Alla Vodka Plain Pasta Salad Peaches	6 <b>Mexican Rice Bowl:</b> Taco Meat Rice Toppings Pineapple	7 Bagels & Cream Cheese Tuna and Egg Salad Tomato Soup Sliced Tomatoes Pears	8 Buffalo Chicken <b>NEW</b> Fries Cole Slaw Mixed Fruit	9 Grilled Cheese Carrot and Celery Sticks Apple Sauce
12 Baked Ziti Plain Pasta Salad Mixed Fruit	13 Meatballs Rotini Mixed Vegetables Peaches	14 <b>Poke Bowls:</b> <b>NEW</b> Fish Nuggets Rice Toppings Pineapple	15 Franks & Blanks Belgian Potatoes Cucumber Slices Pears	16 Cheese Bar <b>NEW</b> Hard Boiled Eggs Challah Rolls Carrot and Celery Sticks Apple Sauce
19 <b>NO SESSIONS</b>	20 Chicken Poppers Mashed Potatoes Mushroom Sauce Pineapple	21 Cheese Borekas Potato Borekas Hard Boiled Eggs Sliced Vegetables Peaches	22 Beef Burger on Bun Spicy Fries Tomato Slices Mixed Fruit	23 Pancakes Carrot and Celery Sticks Apple Sauce
26 Baked Macaroni & Cheese Plain Pasta Salad Pineapple	27 Hero Sandwiches Pickles Coleslaw Oranges	28 Bagels & Cream Cheese Tuna and Egg Salad Noodle Soup Sliced Tomatoes Pears	29 Meat Bolognese <b>NEW</b> Spaghetti Salad Peaches	

## Available

### On Mon/Wed:

- \*Plain Pasta
- \*Cream Cheese sandwiches
- \*Yogurt OR cottage cheese

### On Tues/Thurs:

- \*Plain Pasta
- \*Jelly Sandwiches
- \*Hard boiled eggs