










# Lunch Menu

*Food for Thought*

Tevet / Shevat 5784

January 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>NO SESSIONS</b>	2 Chicken Nuggets Poppers Sauce French Fries Pineapple	3 Pizza Vegetable Soup Garden Salad Peaches	4 Hot Dogs Baked Beans Coleslaw Oranges	5 Pancakes Carrot and Celery Sticks Apple Sauce
8 Penne Alla Vodka Plain Pasta Salad Peaches	9 Teriyaki Meatballs White Rice Green Beans Apples	10 Potato & Cheese Blintzes Scrambled Eggs Mushroom Barley Soup Tossed Salad Mixed Fruit	11 Bukharian Plov Roast Chicken Cucumber Salad Pears	12 Grilled Cheese Carrot and Celery Sticks Apple Sauce
15 Baked Ziti Plain Pasta Salad Pears	16 BBQ Chicken White Rice Mixed Vegetables Pineapple	17 Bagels & Cream Cheese Tuna Salad Tomato Soup Sliced Tomatoes Peaches	18 <b>WINTER VACATION</b> 	19 <b>WINTER VACATION</b> 
22 <b>WINTER VACATION</b> 	23 <b>WINTER VACATION</b> 	24 <b>WINTER VACATION</b> 	25 <b>WINTER VACATION</b> 	26 <b>WINTER VACATION</b> 
29 Fish Sticks Rotelle Salad Pears	30 Hero Sandwiches Pickles Coleslaw Oranges	31 Pizza French Onion Soup Garden Salad Peaches		

## Available

### On Mon/Wed:

- \*Plain Pasta
- \*Cream Cheese sandwiches
- \*Yogurt OR cottage cheese

### On Tues/Thurs:

- \*Plain Pasta
- \*Jelly Sandwiches
- \*Hard boiled eggs