



Lunch Menu

Cheshvan / Kislev 5784

November 2023

Food for Thought

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Bagels & Cream Cheese Tuna & Egg Salad Tomato Soup Garden Salad Pears	2 Chicken Nuggets Sweet & Sour Sauce French Fries Pineapple	3 Pancakes Carrot and Celery Sticks Kernel Corn Apple Sauce
6 Baked Macaroni & Cheese Steamed Macaroni Cottage Cheese Tossed Salad Pineapple	7 NO SESSIONS Staff Development Day	8 Pizza Vegetable Soup Green Salad Peaches	9 Hush Puppy Corn on the Cob Mixed Vegetable Mixed Fruit	10 French Toast Carrot and Celery Sticks Kernel Corn Apple Sauce
13 Penne Alla Vodka Plain Pasta Cottage Cheese Chef Salad Peaches	14 Sloppy Joe Taco Shells Rice Green Beans Pears	15 Potato & Cheese Blintzes Scrambled Eggs Mushroom Barley Soup Tossed Salad Mixed Fruit	16 BBQ Chicken Spanish Rice Mixed Vegetables Pineapple	17 Grilled Cheese Carrot and Celery Sticks Kernel Corn Apple Sauce
20 Baked Ziti Cottage Cheese Tossed Salad Pears	21 Beef Burger on Bun Rice Pilaf Sliced Tomatoes Apples	22 Pizza Kernel Corn Tomato Soup Garden Salad Peaches	23 NO SESSIONS THANKSGIVING VACATION	24 NO SESSIONS THANKSGIVING VACATION
27 Fish Sticks Rotelle Tossed Salad Pears	28 Sweet & Sour Meatballs Spaghetti Green Beans Apples	29 Bagels & Cream Cheese Tuna & Egg Salad Vegetable Soup Garden Salad Pineapple	30 Roast Chicken Yellow Rice Tomato Salad Mixed Fruit	

Available Daily

- *Pasta
- *Hard boiled eggs
- *Salad
- *Sandwiches
- *Yogurt & cottage cheese on dairy days
- *Fruit