



ישיבה ד'סנטרל קווינס

Yeshiva of Central Queens

Cheshvan – Kislev 5783

November 2022

LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Baked Chicken Rice w/Mushroom sauce Cucumber Salad Pineapple	2 Pizza Bagels Vegetable Soup Garden Salad Pears	3 Meatballs Spaghetti Mixed Vegetables Apples	4 Grilled Cheese Carrot and Celery Sticks Kernel Corn Apple Sauce
7 Baked Macaroni & Cheese Steamed Macaroni Cottage Cheese Green Salad Mixed Fruit	8 ELECTION DAY NO SESSIONS	9 Bagels & Cream Cheese Tuna & Egg Salad Tomato Soup Tossed Salad Peaches	10 Chicken Nuggets Sweet & Sour Sauce Spicy French Fries Oranges	11 French Toast Carrot and Celery Sticks Kernel Corn Apple Sauce
14 Fish Sticks Mashed Potatoes Garden Salad Pears	15 Beefburger on Bun Rice Pilaf Green Beans Pineapple	16 Falafel Pita Bread Israeli Salad Salad Bar Mixed Fruit	17 Hero Sandwiches Belgian Potatoes Pickle Chips Apples	18 Pizza Carrot and Celery Sticks Kernel Corn Apple Sauce
21 Baked Ziti Cottage Cheese Tossed Salad Peaches	22 Hot Dogs Baked Beans Cole Slaw Pineapple	23 Fresh Fish Filet Rotelle Mushroom Barley Soup Green Salad Pears	24 THANKSGIVING NO SESSIONS ROSH CHODESH	25 THANKSGIVING NO SESSIONS ROSH CHODESH
28 Penne Alla Vodka Plain Pasta Cottage Cheese Garden Salad Mixed Fruit	29 BBQ Chicken Spanish Rice Cucumber Salad Pineapple	30 French Bread Pizza Green Split Pea Soup Tossed salad Peaches		