



# Lunch Menu

*Food for Thought*

Adar / Nisan 5785

March 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Baked Ziti Cottage Cheese Green Salad Peaches	4 Pretzel Chicken Rice Green Beans Pineapple	5 Fish Nuggets Rotelle Pasta Green Salad Tomato Rice Soup Pears	6 Bolognese Meat Sauce Bean "Meat Sauce" Spaghetti Cucumber Salad Mixed Fruit	7 Cheese Pretzel Cottage Cheese Red Pepper Sticks Apple Sauce
10 Penne alla Vodka Cottage Cheese Salad Peaches	11 Honey Mustard Chicken Couscous Cabbage Salad Pineapple	12 Cheese/Potato Blintzes Hard Boiled Eggs/Cheese Minestrone Soup Corn Pears	13 Challa Rolls Scrambled Eggs Baby Carrots Mixed Fruit <b>TA'ANIT ESTHER</b>	14  <b>PURIM NO SESSIONS</b>
17 Macaroni and Cheese Cottage Cheese Salad Peaches	18 Deli Sandwiches Coleslaw Fries Pineapple	19 Pizza Hard Boiled Eggs Baby Carrots Pears	20 <b>Shwarma Rice Bowl:</b> Kebabs Chickpeas Rice Israeli Salad Mixed Fruit	21 Waffles Yogurt Cucumber Sticks Apple Sauce
24 Stuffed Pizza Bagel Cottage Cheese Vegetable Soup Salad Cups Peaches	25 Chicken Nuggets Fries Mixed Salad Pineapple	26 <b>Pack-a-Pita</b> Pita Egg Salad / Tuna Salad/ Sliced Cheese Mushroom Barley Soup Cucumber/Tomato Slices Pears	27 <b>Mexican Rice Bowl:</b> Taco Meat & Rice Chickpea, Olives, Tomato, Cucumber, Tortilla Chips, Salsa Mixed Fruit	28 Pancakes Yogurt Red Pepper Slices Apple Sauce
31 Spaghetti Cheese Bake Cottage Cheese Salad Peaches				

**Available  
Daily**

- \*Plain Pasta
- \*Jelly Sandwiches
- \*Hard Boiled Eggs