



Lunch Menu

Food for Thought

Iyar / Sivan 5785

May 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Shwarma Roast Chicken Shwarma Roast Chickpeas Yellow Rice Cabbage Salad Mixed Fruit	2 Cheese Pretzel Cottage Cheese Red Pepper Sticks Apple Sauce
5 Poke Bowls: Fish Nuggets, Rice, Sweet Potato, Carrot, Cucumber, Sweet Sauce Minestrone Soup Peaches	6 Italian Meatballs Spaghetti Green Beans Pineapple	7 Penne ala Vodka Cottage Cheese Salad Pears	8 Honey Mustard Chicken Rice Pilaf Mixed Vegetables Mixed Fruit	9 Pizza Bagels Baby Carrots Apple Sauce
12 Baked Ziti Cottage Cheese Salad Cups Peaches	13 Sloppy Joes Tacos/Pasta Asstd. Veggie Toppings: Tomato/Cucumber/Lettuce Pineapple	14 Bagels Cream Cheese Scrambled Eggs Sliced Tomatoes Pears	15 Chicken Nuggets Spanish Rice Cucumber Salad Mixed Fruit	16 Cheese/Potato Blintzes Cottage Cheese Carrots/Celery Cups Apple Sauce
19 LAG BA-OMER BBQ!! Burgers/Franks Buns Fries / Coleslaw Peaches <i>SPECIAL TREATS!</i>	20 Stuffed Pizza Bagels Hard Boiled Eggs Vegetable Bean Soup Green Salad Pineapple	21 Spaghetti Cheese Bake Cottage Cheese Salad Pears	22 Pretzel Chicken Rice Green Beans Mixed Fruit	23 Waffles Yogurt Cucumber Sticks Apple Sauce
26 MEMORIAL DAY NO SESSIONS	27 Deli Sandwiches Potato Salad Pickles Pineapple	28 Fish Nuggets Rotelle Corn Kernels Tomato Rice Soup Pears	Mexican Rice Bowl: Taco Meat & Rice Chickpeas, Corn, Cucumber, Black Beans, Tomato, Olives Tortilla Chips, Salsa Mixed Fruit	30 Challa Rolls Tuna/Egg Salad Tomato/Cucumber Slices Apple Sauce

Available Daily

*Plain Pasta

*Jelly/Sun Butter
Sandwiches

*Hard Boiled Eggs

1% & SKIM MILK SERVED ON MONDAY / WEDNESDAY / FRIDAY

100% FRUIT JUICE SERVED ON TUESDAY / THURSDAY